



**¿Que debo buscar en la
exploración física?**

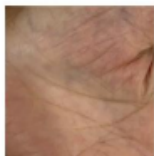
Belén Safont

HAD: exploración física

Conjuntiva



Palm



Fingernail



ANEMIA

- Palidez mucocutánea: (conjuntiva, mucosa bucal, lecho ungueal, palmas)
- Hipotensión
- Taquicardia
- Pulso filiforme



INFILTRADOS BILATERALES

- AP: crepitantes
- AC: soplos? → EM
- Edemas, anasarca
- Taquipnea
- Uso de m. accesorio

HEMOPTISIS

- Cuantificación



EVALUAR LA GRAVEDAD (COMPROMISO RESPIRATORIO) Y DD DE LA CAUSA

¿Que debo buscar?



VASCULITIS LEUCOCITOCLÁSTICA

- Vasculitis ANCA +
- ETC: AR; LES, Sjögren y raro en ES o DM

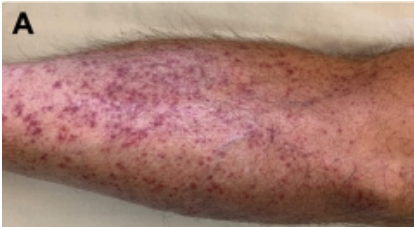
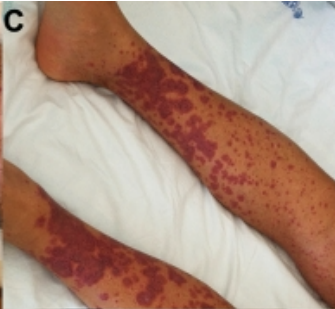
- Vasculitis por IgA

- Crioglobulinemia

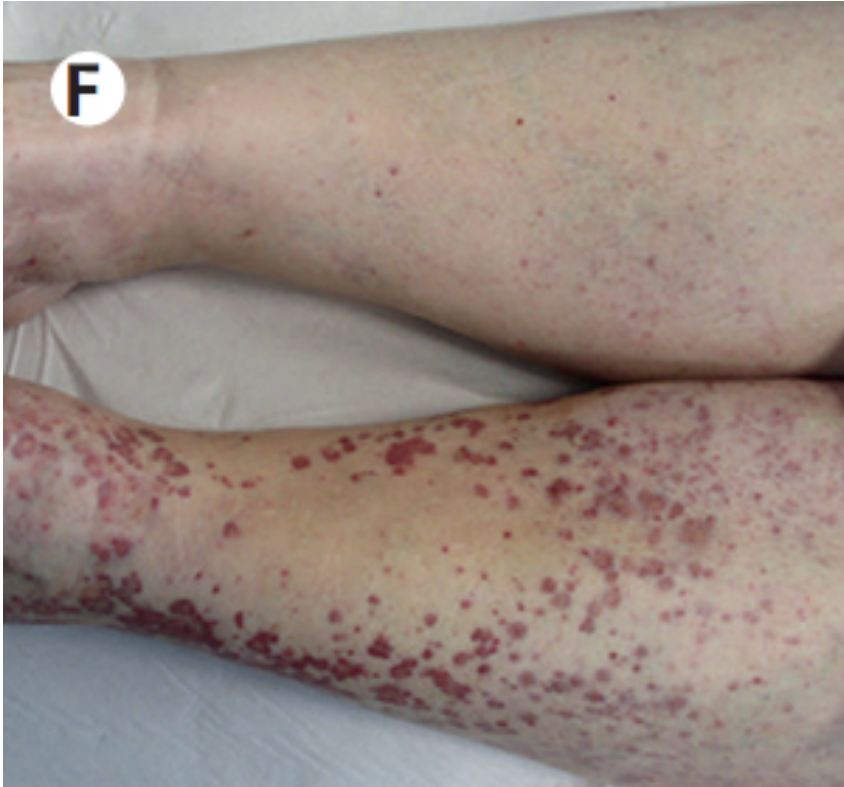
- Infecciones

- Neoplasia malignas

- Fármacos

Petequias	Purpura confluyente	Púrpura ampollosa- hemorrágica
		
		
Púrpura	Urticaria	Úlceras y nódulos

PÚRPURA PALPABLE: PREDOMINIO EN MMII



VASCULITIS ANCA ANTI-MPO

Kronbichler A. *Lancet* 2024; 403: 683–98

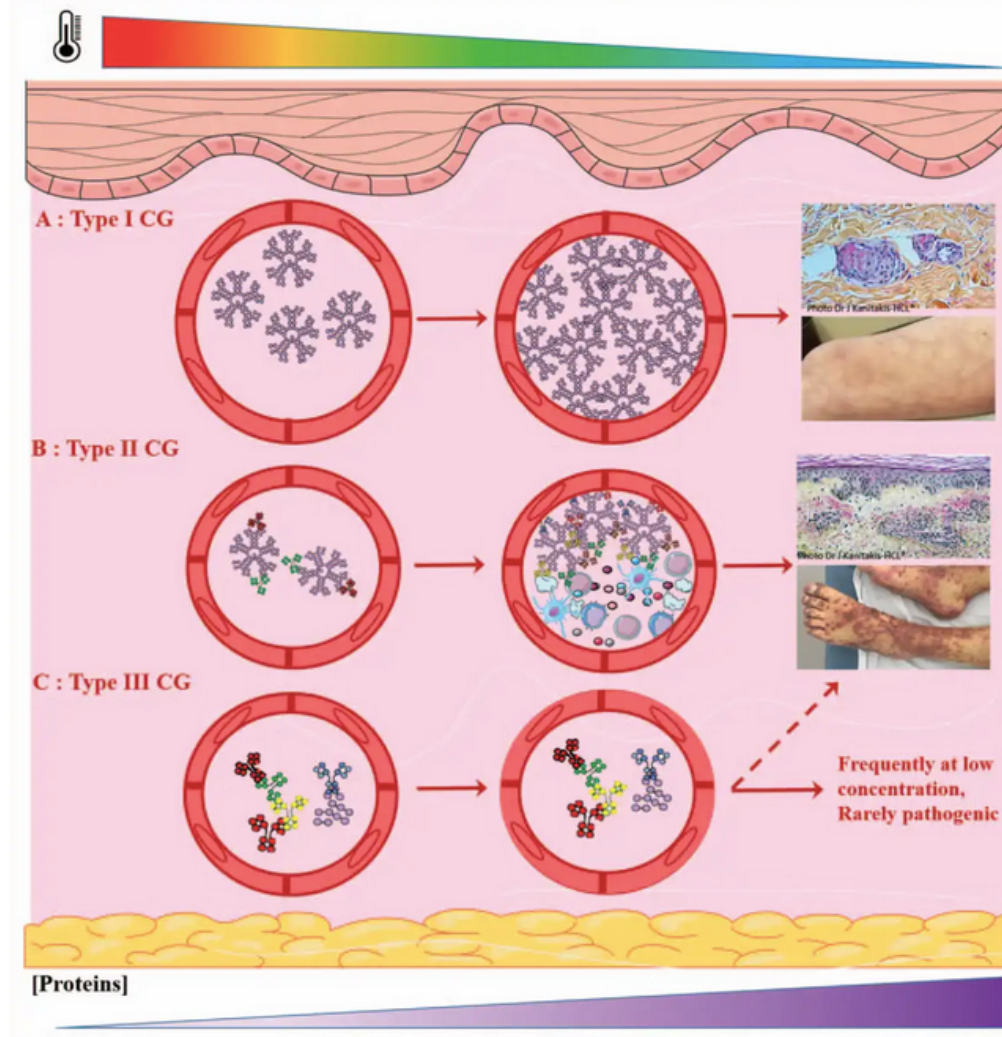
Ruffer N. *Z Rheumatol.* 2023 Sep;82(7):606-614



VASCULITIS POR IG A (HENOCH-SCHÖNLEIN)



Miller A. Clin Exp Immunol. 2010 May;160(2):143-60



VASCULITIS CRIOGLOBULINÉMICA

ENFERMEDAD CUTÁNEA AMPOLLOSA, HEMORRÁGICA Y NECROSIS



Kronbichler A. *Lancet* 2024; 403: 683–98

Vale ECSD. *An Bras Dermatol.* 2023 May-Jun;98(3):355-372

NECROSIS CUTÁNEA Y ÚLCERAS



Abdel-Halim et al. Vessel Plus 2022;6:8

NECROSIS CUTÁNEA EN EL BORDE HELICOIDAL DE LA OREJA

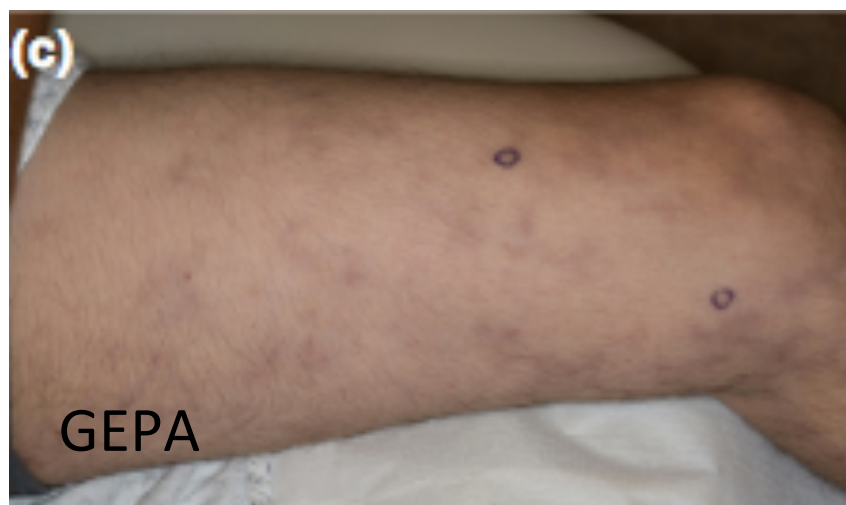
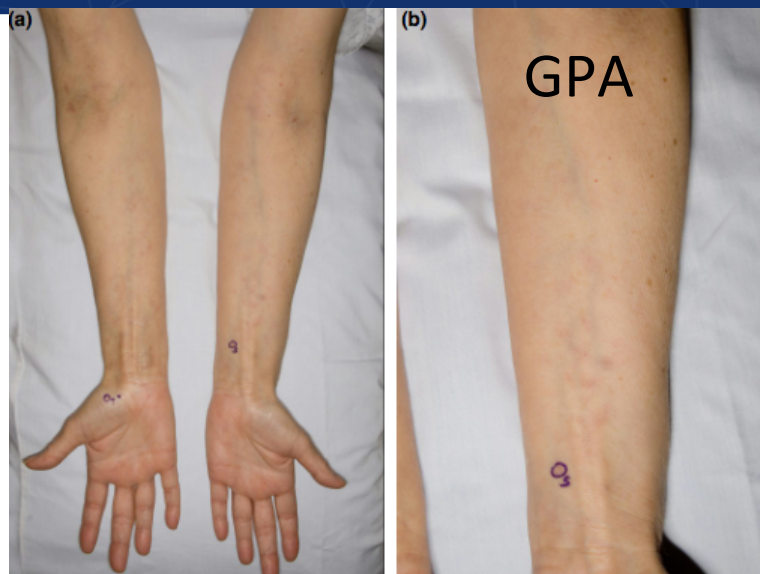


Souied O. Case Rep Med. 2014;2014:434717

Álvarez Díaz H. Am J Case Rep. 2013 Dec 30;14:557-61

VASCULITIS INDUCIDA POR COCAÍNA

LIVEDO RETICULARIS Y RACEMOSA

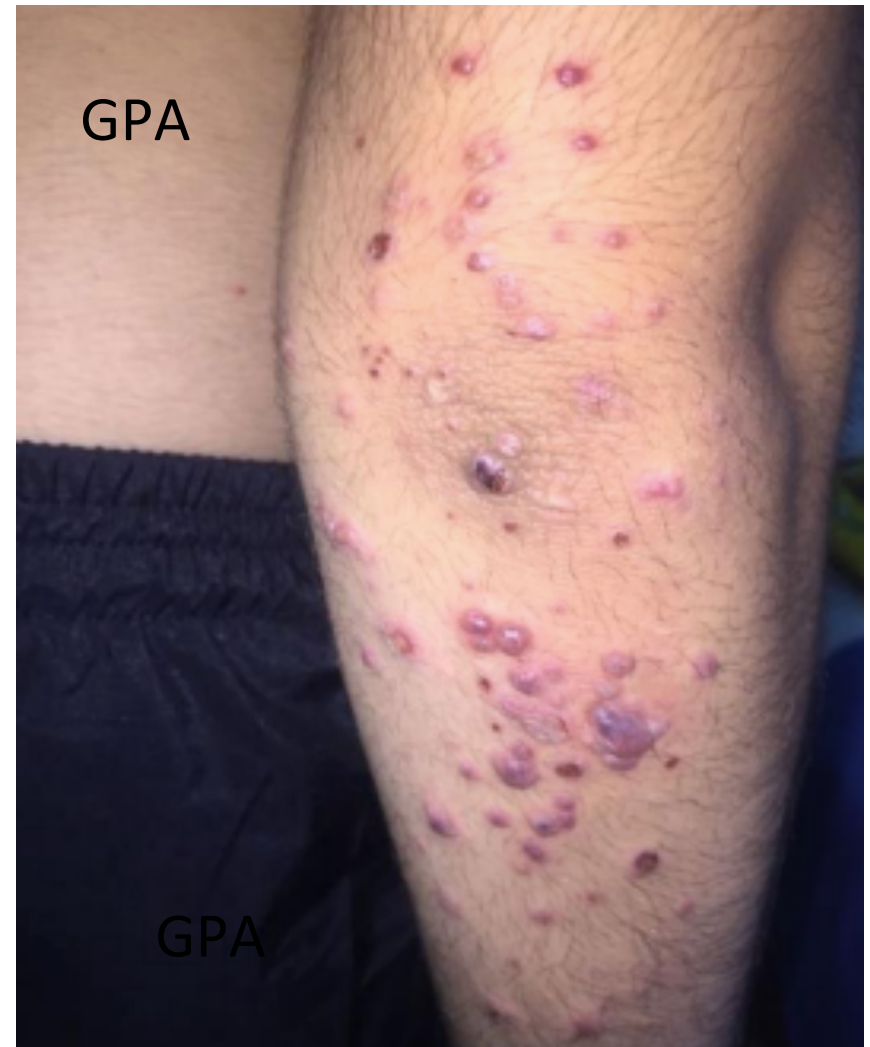
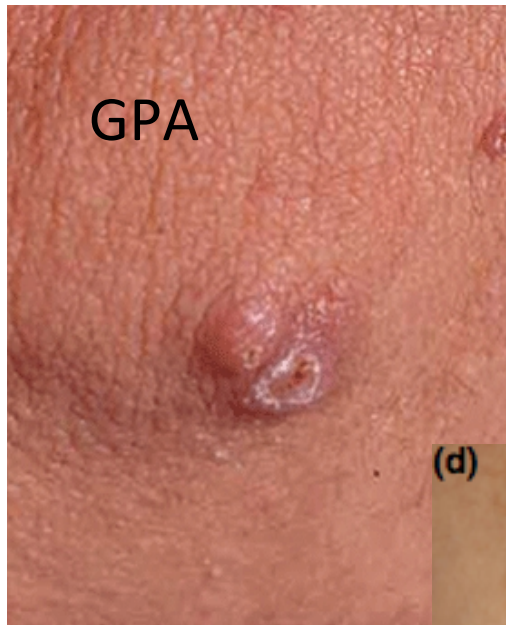


Arteriolar spasm	Response to cold
	Drug-induced (ergotamine, cocaine)
Vessel Inflammation	
Noninfectious (vasculitis)	Systemic polyarteritis nodosa Cutaneous polyarteritis nodosa Wegener granulomatosis Churg–Strauss syndrome Microscopic polyangiitis Drug-induced vasculitis (thiouracil) Vasculitis associated with SLE or RA
Infectious	Lucio's phenomenon
Vascular Obstruction Without Inflammation	
Thrombosis	Antiphospholipid syndrome Sneddon syndrome Livedoid vasculopathy SLE, RA Coumarin-induced necrosis Disseminated intravascular coagulation Dysproteinemia (type I cryoglobulinemia) Procoagulant genetic factors (factor V) Sickle cell anemia Drugs
Embolization	Atrial myxoma Cholesterol
Vessel wall disorders	Calciphylaxis Hyperoxaluria

Gibson LE. *Int J Dermatol.* 2022 Dec;61(12):1442-1451

Herrero C. *Actas Dermosifiliogr.* 2008 Oct;99(8):598-607

GRANULOMAS CUTÁNEOS EN EMPALIZADA

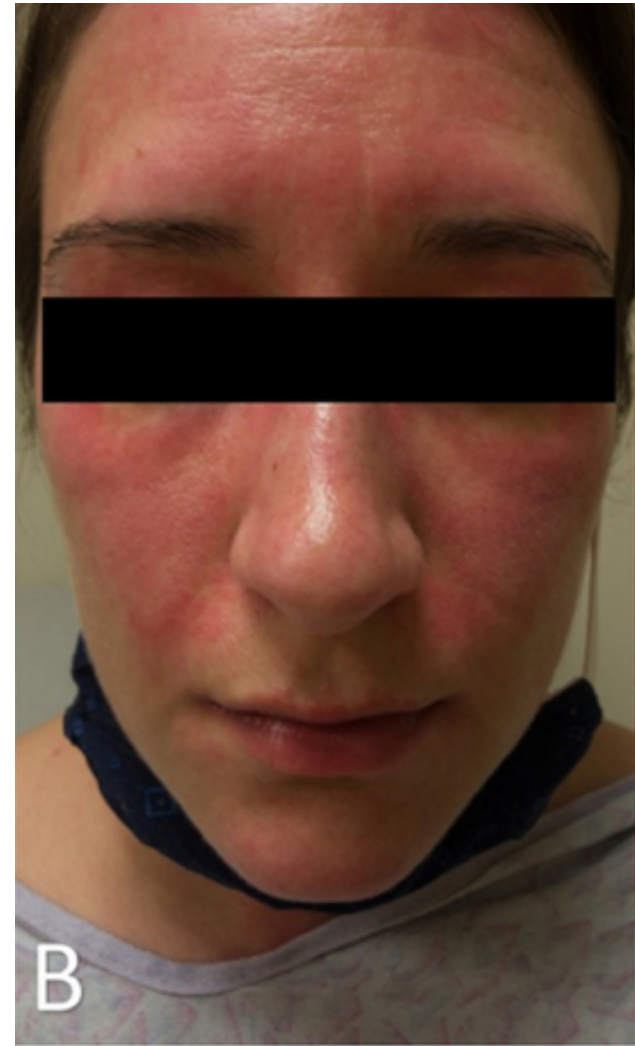
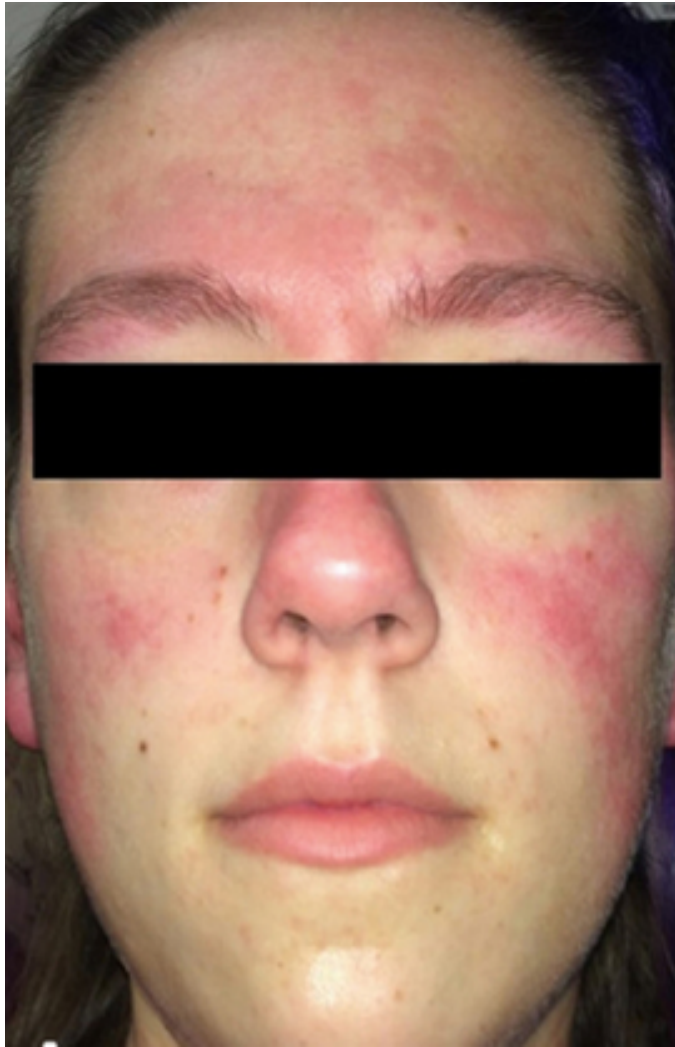


Miller A. *Clin Exp Immunol.* 2010 May;160(2):143-60
Gibson LE. *Int J Dermatol.* 2022 Dec;61(12):1442-1451

NÓDULOS CUTÁNEOS ULCERADOS



LES: ERITEMA MALAR



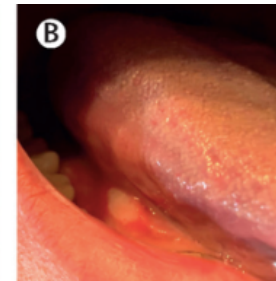
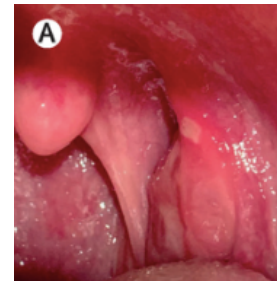
Stull C. J Rheumatol. 2023 Jan;50(1):27-35



DERMATOMIOSITIS



ÚLCERAS



SD. BEHÇET

HIPERPLASIA GINGIVAL



Gibson LE. *Int J Dermatol.* 2022 Dec;61(12):1442-1451

ACROCIANOSIS



Crioglobulinemia

NECROSIS CUTÁNEA Y GANGRENA DIGITAL



Yaseen K. *Postgrad Med.* 2023;135(sup1):3-13
Giuggioli D. *Semin Arthritis Rheum.* 2015 Apr;44(5):518-526

FENÓMENO DE RAYNAUD

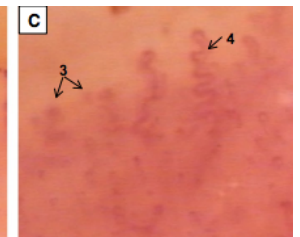
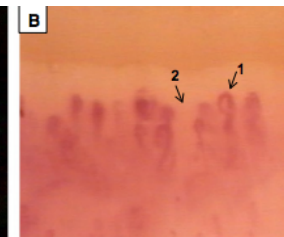
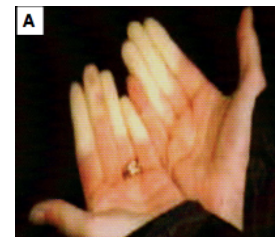
Autoimmune rheumatic diseases

Systemic sclerosis
Systemic lupus erythematosus
Sjogren's syndrome
Mixed connective tissue disease/overlap syndromes
Undifferentiated connective tissue disease
Idiopathic inflammatory myopathies
Vasculitis

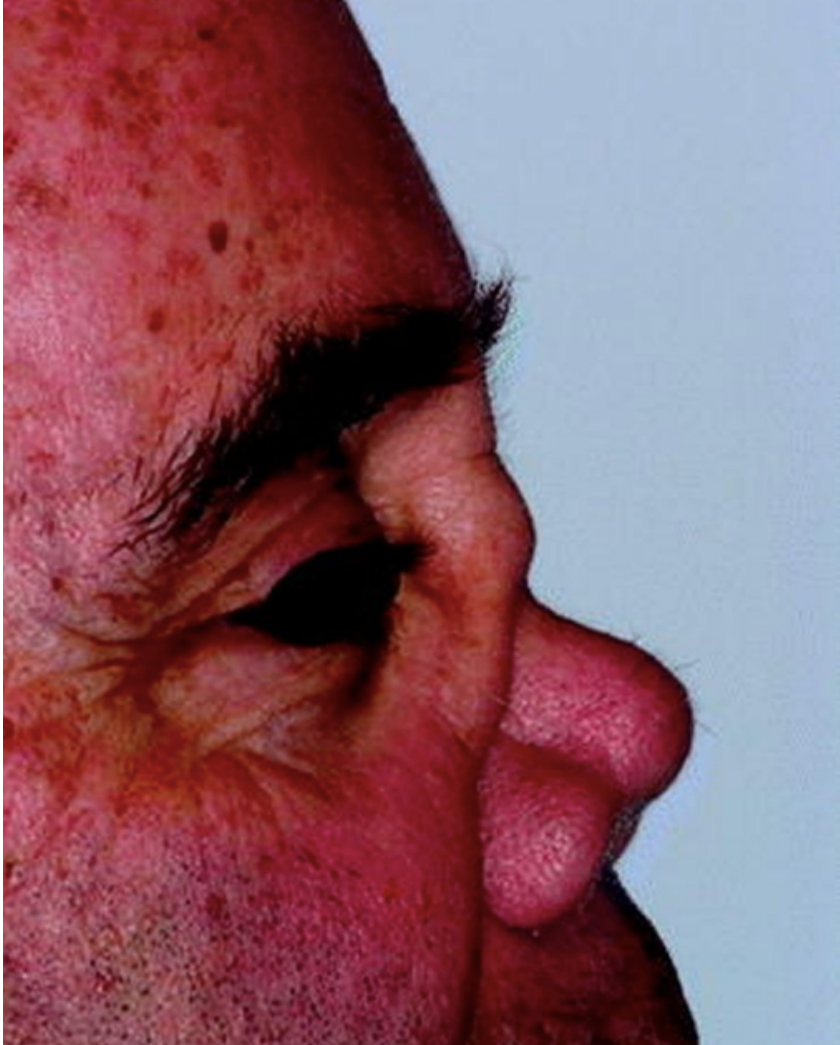


Vaso-occlusive disease

Crioglobulinemia
SAF



DEFORMIDAD EN SILLA DE MONTAR: GPA



Kronbichler A. Lancet 2024; 403: 683–98



DEFECTO/PERFORACIÓN DEL TABIQUE NASAL



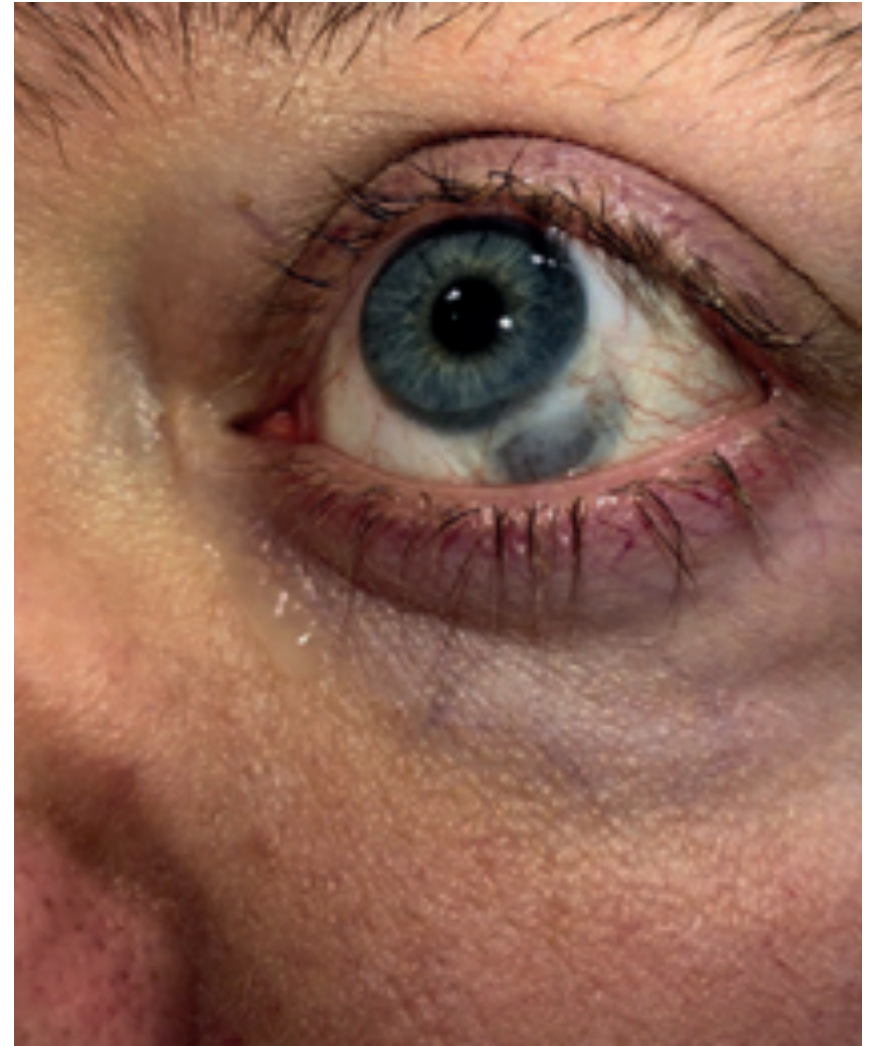
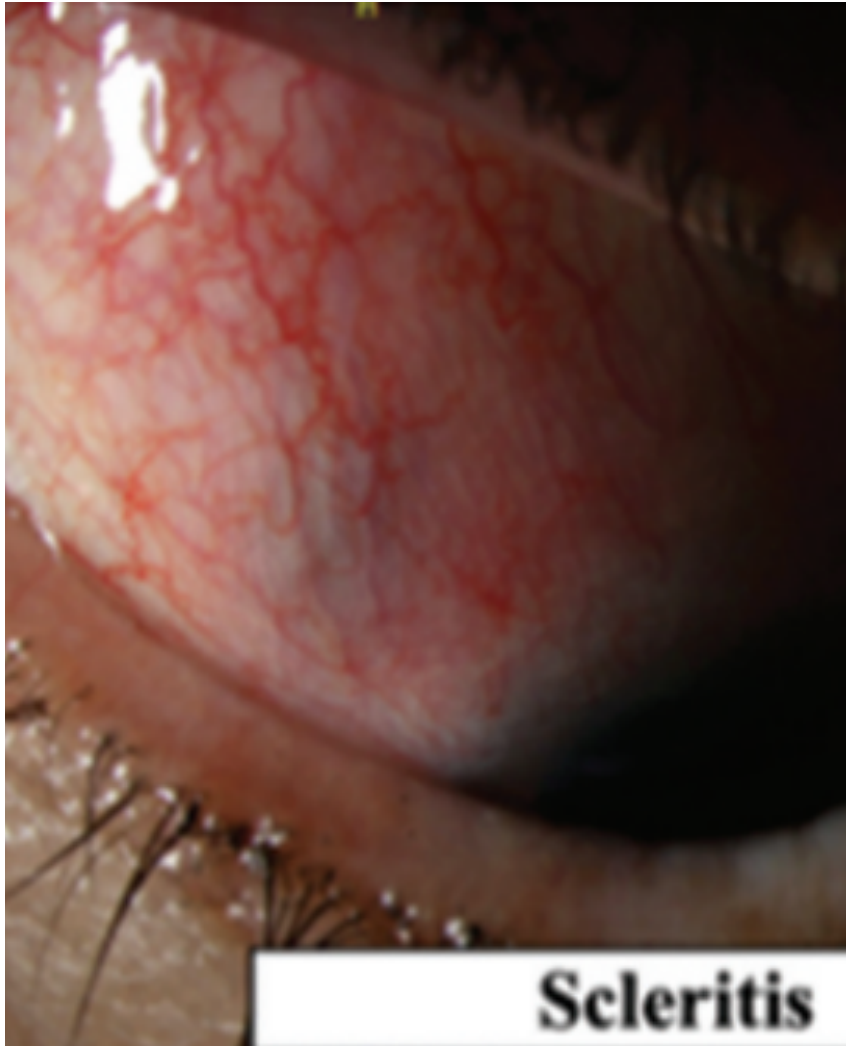
PERFORACIÓN DEL PALADAR DURO



CONSUMO DE
COCAÍNA

Ruffer N. Z Rheumatol. 2023 Sep;82(7):606-614

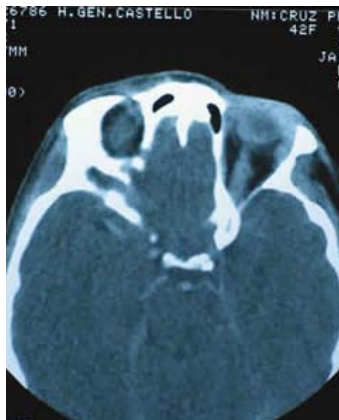
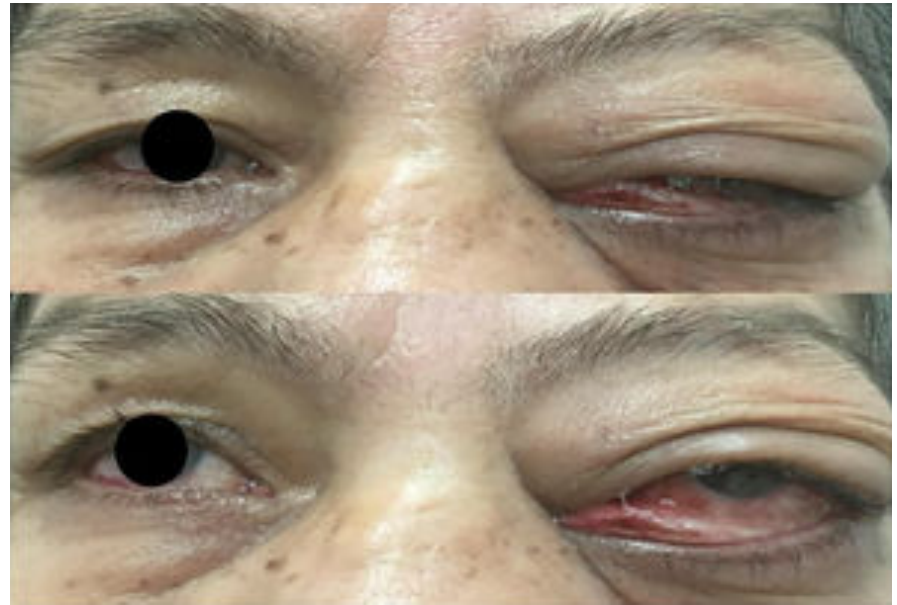
ESCLERITIS



Kronbichler A. *Lancet* 2024; 403: 683–98

Yaseen K. *Postgrad Med.* 2023;135(sup1):3-13

TUMOR RETROORBITARIO



GPA



EXPLORACIÓN NEUROLÓGICA



- Debilidad en dorsiflexión/ plantiflexión
- Debilidad de pequeños músculos de manos y pies
- Hipoestesia en guante y calcetín
- Arreflexia aquílea
- Marcha de estepaje
- Δ PC VI, VII, XII $\rightarrow$
- diplopía, parálisis facial o disartria



AFECTACIÓN DEL NERVIO PERONEO



Stewart JD. *Pract Neurol*. 2008 Jun;8(3):158-69

CONCLUSIONES

- La hemorragia alveolar puede ser la presentación pulmonar de diversas enfermedades sistémicas
- Se trata de una manifestación grave con riesgo para la vida
- Exploración física detallada puede orientar a la causa de le HAD y la necesidad de exploraciones complementarias
- El diagnóstico precoz es fundamental para el tratamiento: iniciar ante sospecha